WOULD *YOU* KNOW WHAT TO DO?

Woman's Self-Defense Seminar

Prevention, the Best Defense

Open to All Ages, College Student, & Seniors.

No Experience Necessary.

Hosted by:

WHYM

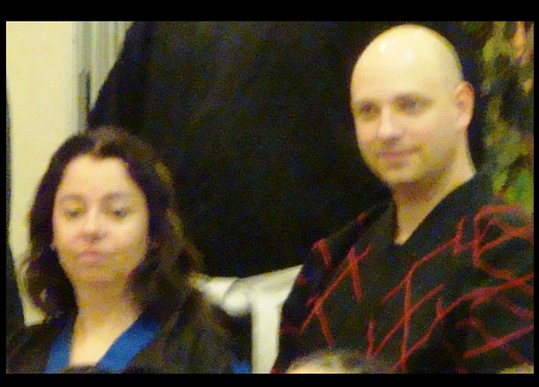
DANCE + MOVEMENT + MORE

530-A East Washington Street
Chagrin Falls, Ohio 44023
More Info: 440-836-2083(Alexandra)

When: JULY 15th 2011, Friday
1 Evening Only!!!

Time: 7PM to 9PM
With extra 1 HR overflow time for Q & A.

Cost: $50 per person



Master James Ziots:
5th Degree Black Belt, Chon Sul Kwan (Master)
3rd Degree Black Belt, Kenpo Jujitsu

Master Ziots has extensive experience in holding self-defense seminars for several global organizations, among receiving international recognition for his contribution to the martial arts. He is the Vice President of the International Tactical Hapkido Alliance (Chon Sul Kwan) overseeing 30+ Martial Arts Academies.

Instructor Alexandra Duloisy:
Brown Belt-Judo; Red Belt- Chon Sul Kwan

Instructor Duloisy has a long history of martial arts experience and provides a unique women's view to the art of self-defense training, thus balancing out the class atmosphere. She started her martial arts training under the tutelage of her father a Judo Master and has studied Tae Kwon Do & Kenpo Jiu Jitsu. She is currently working on her Black Belt in Chon Sul Kwan while having a passion for boxing with professional boxer Bill Brown (who now fights all over USA and Europe).